



Pembrokeshire Friends of the earth



HAPPY CHRISTMAS NADOLIG LLAWEN AND OUR VERY BEST WISHES FOR 2012

We would all like to say a big thank you for the support you have given over the last year. It means a lot to us when you turn up at events, help on the stalls or just read the newsletters. Please remember if you would like to do more get in touch and we will let you know about our next business meeting.

Other ways you can support the group are to join our monthly draw or persuade a friend to become a member, the more members the louder our voice. Both forms are attached.

And why not sponsor a tree for someone to help celebrate FoE's 40th anniversary. Fill in the attached form and email it to rccadbury@doctors.org.uk or post it to Rebecca at Shipping Factory. We will be in touch in the New Year. Planting is planned for March.

Other green gift ideas

If you go to the FoE website you can follow the links for these ideas and more.

- **Friend of the Earth Shop** We've got plenty of gifts and stocking fillers under £10. Take a look at our new bags, tea towels, bamboo flash drives and recycled colouring pencils.
- **The Eco Rider Deluxe Set** Treat the cyclist in your life to the greenest bike kit on the market.
- **Wine** Vinceremos is offering a 20% discount on a 12-bottle case of French and Spanish organic wine.
- **Retail Therapy** Know someone who loves shopping? Buy them a gift subscription for Ethical Consumer magazine, so they can choose greener brands every time they shop.
- **Music** Download anything from Bieber to Beethoven and FairShareMusic will give half the profit to your chosen charity.
- **The Natural Collection** Eco friendly presents for everyone, from fashion lovers to gadget geeks. We'll get a donation equivalent to 10% of your order when you shop with the Natural Collection
- **Chocolate** Fair trade, organic and yummy. The Organic Seed & Bean Company is the UK's most ethical chocolate company, according to the Good Shopping Guide. Quote promotion code 'FOE', and we'll get a £2 donation with every order. Spend over £15 and you'll also get a free Lemon & Poppy Seed bar.

Eleanor, Gordon, Karina and Rebecca